GLEN ACTIVITIES CALENDAR

Week Of November 13^{th} – November 19^{th}





SUNDAY: November 13th, 2022



10:00am: INDEPENDENT GAMES IN THE LIBRARY

11:30am: WORKSHOP CLASS WITH SUE THOMAS: EVERGREEN ROOM

1:30pm: SUNDAY DINNER: MAIN DINING ROOM

2:30pm: MUSIC ENTERTAINMENT WITH JACK GLENNON: GROVE LOBBY

MONDAY: November 14th, 2022



9:00am: EXERCISE CLASS 1 TO THE TAPE: EVERGREEN ROOM

• Start your morning with a great low impact exercise program.

This class will use the tape recorder.

10:00am: WHEEL OF FORTUNE: EVERGREEN ROOM

11:00am: BALANCE & STRENGTH PROGRAM WITH JILL: EVERGREEN ROOM

11:30am: WALKING GROUP WITH JILL: MEET IN THE EVERGREEN ROOM

2:00pm: ABIGAIL BRINGS THE PILGRIMS AND PLYMOUTH TO YOU: EVERGREEN ROOM

3:30pm: BINGO: EVERGREEN ROOM

6:00pm: DINNER WILL BE SERVED IN THE MAIN DINING ROOM

TUESDAY: November 15th, 2022



9:00am: EXERCISE CLASS 1 TO THE TAPE: EVERGREEN ROOM

Start your morning with a great low impact exercise program.

This class will use the tape recorder.

9:30am: COVID SHOTS CLINIC: GLEN LIBRARY

Whoever needs to get their covid shots that didn't get them last clinic, please stop by! Stephanie will have a list of who needs it. Please wait patiently outside the library until you are called in.

10:00am-11:00am: BLOOD PRESSURE CLINIC: GROVE THEATER ROOM

1:30pm:WORD SCRABBLE: EVERGREEN ROOM

3:00pm: LEFT RIGHT CENTER: EVERGREEN ROOM

•The game will be \$1 per game to play, you can bring quarters or a dollar bill.

4:30pm: HAPPY HOUR:TAVERN

Stop by request any of your favorite songs and enjoy the great music with some snacks & drinks!



6:00pm: DINNER WILL BE SERVED IN THE MAIN DINING ROOM

WEDNESDAY: November 16th, 2022



9:00am: EXERCISE CLASS 1 TO THE TAPE: EVERGREEN ROOM

• Start your morning with a great low impact exercise program. This class will use the tape recorder.

10:00am: CHAIR YOGA: EVERGREEN ROOM

10:30am: TRIVIA: EVERGREEN ROOM

1:00pm-1:30pm: PICTIONARY: EVERGREEN ROOM

2:00pm: CATHOLIC MASS WITH FATHER VALEN: GROVE WELLNESS ROOM

3:30pm: BINGO: EVERGREEN ROOM

•\$1 to play. One card per person. Last game is coverall.

6:00pm: DINNER IS SERVED IN THE MAIN DINING ROOM



THURSDAY: November 17th, 2022



9:00am: EXERCISE CLASS 1 TO THE TAPE: EVERGREEN ROOM

• Start your morning with a great low impact exercise program. This class will use the tape recorder.

10:30am:CHAIR YOGA: EVERGREEN ROOM

11:00am: ROSARY: GROVE CHAPEL

• For all that are interested, come, and join, as volunteer <u>Judi</u> leads the group in the rosary.

1:30pm: BINGO: EVERGREEN ROOM

3:00pm: LEFT CENTER RIGHT GAME: EVERGREEN ROOM

The game will be \$1 per game to play, you can bring quarters or a dollar bill.

6:00pm: DINNER IS SERVED IN THE MAIN DINING ROOM

FRIDAY: November 18th, 2022



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9:00am: EXERCISE CLASS 1 TO THE TAPE: EVERGREEN ROOM

• Start your morning with a great low impact exercise program. This class will use the tape recorder.

10:00am: CHAIR YOGA: EVERGREEN ROOM

10:30am: TRIVIA: EVERGREEN ROOM

1:00pm: CHARADES: EVERGREEN ROOM

1:30pm: INDEPENDENT GAMES IN THE LIBRARY

2:30pm: MUSIC ENTERTAINMENT WITH FRANK RYAN: GROVE LOBBY

6:00pm DINNER IS SERVED IN THE MAIN DINING ROOM

SATURDAY: November 19th, 2022



9:00am: EXERCISE CLASS 1 TO THE TAPE: EVERGREEN ROOM

• Start your morning with a great low impact exercise program. This class will use the tape recorder.



10:00am: EXERCISE CLASS 2 TO THE TAPE: EVERGREEN ROOM

1:00pm: BINGO WITH FRAN: EVERGREEN ROOM

• \$1 to play. One card per person. Last game is coverall.

6:00pm: DINNER IS SERVED IN THE MAIN DINING ROOM



Grove Manor Estates Weekly Dinner Menu

Week of 11-13-2022

~ Sunday ~

Roast Eye Round Of Beef with a burgundy Sauce 🎔 Fresh Filet of Haddock with a lemon sauce

~ Monday ~

BBQ Turkey Tips with warm Potato salad and Slaw Roast Loin of Pork with Pan Gravy

~ Tuesday ~

Roasted Ny Sirloin of Beef Ckicken Stew over Mashed Potatoes

~ Wednesday ~

Baked Stuffed Ricotta Shells with Garlic Bread

Carved Smoked Pit Ham

~ Thursday ~

Pork Carnitas with Spanish Rice Homestyle Pot Roast Dinner

~ Friday ~

rresh Filet Of Haddock au Gratin Chicken Marsala Over Chefs Choice Pasta

~Saturday ~

🎔 Franks Beans and Brown Bread 'The Classic" Homestyle Meatloaf with a Rich Gravy