

**Grove Manor Estates Weekly Activities
Calendar**

Sunday November 13th – November 19th

SUNDAY

November 13th, 2022

8:00am: BREAKFAST ~Main Dining Room

10:30am: EXERCISE WITH SUE THOMAS ~Grove Lobby

11:45am: SUNDAY DINNER ~Main Dining Room

**2:30pm: MUSICAL ENTERTAINMENT with Jack Glennon
~Grove Lobby**

4:00pm: LIGHT SUPPER ~Main Dining Room

MONDAY

November 14th

8:00am: BREAKFAST ~Main Dining Room

9:30am: CHAIR EXERCISES ~Thayer Room

10:00am: WHEEL OF FORTUNE!! ~Grove Living Room

11:00am: THE DOGGIES!! Sniper and Ivy will be coming to visit with Veronica and Jay come say Hi! ~Grove Lobby

11:45am: LUNCH IS SERVED ~Main Dining Room

1:15pm: BINGO ~Thayer Room Don't Forget Your Dollar\$\$

**2:00pm: Musical Entertainment with Richie Bern
~Grove Lobby**

3:30pm: UNO CARD GAME ~Thayer Room

4:30pm: DINNER IS SERVED ~Main Dining Room

TUESDAY

November 15th, 2022

8:00am: BREAKFAST ~Main Dining Room

9:40am: HEALTH & WELLNESS with Jill ~Thayer Room

10:00am: BLOOD PRESSURE CLINIC ~Grove Theater Room

10:15am: WALKING GROUP ~Second Floor Living Room

11:00am: COVID SHOT CLINIC

If you have signed up to receive a vaccine, please makes your way down to the Thayer Room.

11:45am: LUNCH IS SERVED ~Main Dining Room

1:15pm: BINGO ~Thayer Room Don't Forget Your Dollar\$\$

2:45pm: TRIVIA with Amy ~Grove Living Room

4:30pm: DINNER IS SERVED ~Main Dining Room

WEDNESDAY

November 16th, 2022

8:00am: BREAKFAST ~Main Dining Room

9:30am: CHAIR EXERCISES ~Thayer Room

10:15am: WORD IN A WORD WITH LAURIE ~Grove Living Room

11:45am: LUNCH IS SERVED ~Main Dining Room

2:00pm: CATHOLIC MASS ~Grove Wellness Center

Father Valen will hold a Catholic Mass

3:15pm: HAPPY HOUR WITH LINDSAY ~Grove Tavern

4:30pm: DINNER IS SERVED ~Main Dining Room

THURSDAY

November 17th, 2022

8:00am: BREAKFAST ~Main Dining Room

9:30am: CHAIR EXERCISES ~Thayer Room

10:15am: CHUNKY MONKEY ~Grove Living Room

11:00am: ROSARY ~Grove Chapel

Come join Judy as she leads the group in Rosary

11:45am: LUNCH IS SERVED ~Main Dining Room

1:15pm: BINGO ~Thayer Room Don't Forget Your Dollar\$\$

2:45pm: DOMINOES ~Thayer Room

4:30pm: DINNER IS SERVED ~Main Dining Room

5:30pm: POKENO WITH THE RAYMONDS

~Thayer Room

FRIDAY

November 18th, 2022

8:00am: BREAKFAST ~Main Dining Room

9:30am: CHAIR EXERCISES ~Thayer Room

10:00am: CHABOOM Exercise to Music

~Grove Theater Room

11:45am: LUNCH IS SERVED ~Main Dining Room

12:45pm-1:15pm: CORNER CUPBOARD IS OPEN AND STOCKED ~Basement Level

1:00pm: ARTS AND CRAFTS with Laurie and Julie

~Thayer Room

2:30pm: MUSICAL ENTERTAINMENT WITH FRANK RYAN

4:30pm: DINNER IS SERVED ~Main Dining Room

SATURDAY

November 19th ,2022

8:00am: BREAKFAST ~Main Dining Room

10:15am: BINGO ~Thayer Room

Don't forget your dollar \$\$\$

11:45am: LUNCH IS SERVED ~Main Dining Room

1:00pm: Independent Activities ~Thayer Room

4:30pm: DINNER IS SERVED ~Main Dining Room



Grove Manor Estates

Weekly Dinner Menu



Week of 11-13-2022

~ Sunday ~

Roast Eye Round Of Beef with a burgundy Sauce

♥ *Fresh Filet of Haddock with a lemon sauce*

~ Monday ~

BBQ Turkey Tips with warm Potato salad and Slaw

♥ *Roast Loin of Pork with Pan Gravy*

~ Tuesday ~

Roasted Ny Sirloin of Beef

♥ *Chicken Stew over Mashed Potatoes*

~ Wednesday ~

Baked Stuffed Ricotta Shells with Garlic Bread

Carved Smoked Pit Ham

~ Thursday ~

♥ *Pork Carnitas with Spanish Rice*

Homestyle Pot Roast Dinner

~ Friday ~

♥ *Fresh Filet Of Haddock au Gratin*

Chicken Marsala Over Chefs Choice Pasta

~ Saturday ~

♥ *Franks Beans and Brown Bread 'The Classic'*

Homestyle Meatloaf with a Rich Gravy