

# **GLEN ACTIVITIES CALENDAR**

*Week Of March 19<sup>th</sup> – March 25<sup>th</sup>*

**ACTIVITIES**



SUNDAY : March 19<sup>th</sup> , 2023

**9:50am: TRANSPORT TO MASS AT ST. CLARE PARISH**

Must sign up, sign up sheet is in the Glen lobby .

**11:00am:INDEPENDENT GAMES IN THE LIBRARY**

Play your favorite card games or play scrabble with some friends!

**1:30pm: DINNER WILL BE IN THE MAIN DINING ROOM**

**2:30pm: MUSIC ENTERTAINMENT: GROVE LOBBY**

*Music by Richie Berns*

MONDAY: March 20<sup>th</sup> ,2023



9:00am: GLEN BREAKFAST: EVERGREEN ROOM

11:00am: BALANCE & STRENGTH PROGRAM WITH JILL: EVERGREEN ROOM

11:30am: WALKING GROUP WITH JILL: GLEN SECOND FLOOR LOBBY

1:30pm: MUSIC ENTERTAINMENT: EVERGREEN ROOM

*Music by Tom Bruhl*

2:45pm: UNO GAME CARD: EVERGREEN ROOM

3:45pm: LEFT, RIGHT, CENTER GAME: EVERGREEN ROOM

*One dollar per game-three games will be played*

6:00pm: DINNER WILL BE SERVED IN THE MAIN DINING ROOM

## TUESDAY: March 21<sup>st</sup>, 2023

9:00am: EXERCISE CLASS 1 TO THE TAPE: EVERGREEN ROOM

10:30am:WORD IN A WORD : EVERGREEN ROOM

1:30pm: BINGO: EVERGREEN ROOM



3:00pm:SCATTERGORIES GAME: EVERGREEN ROOM

Scattergories is a multi-player word game where the objective is to earn the most points by making a list of words that all begin with the same letter.



4:30pm:HAPPY HOUR & MUSIC ENTERTAINMENT: TAVERN

*Music entertainment by Eddie Dillion*

6:00pm: DINNER WILL BE SERVED IN THE MAIN DINING ROOM

WEDNESDAY: March 22<sup>nd</sup>, 2023



**9:00am: EXERCISE CLASS 1 TO THE TAPE: EVERGREEN ROOM**

Start your morning with a great low impact exercise program. This class will use the tape recorder.

**10:00am: BUS TRIP TO STOP & SHOP: GLEN LOBBY**

Must sign up there are limited seats. Sign-up sheet is in the Glen Lobby

**10:30am: CHAIR YOGA: EVERGREEN ROOM**

**11:00am: Pictionary: EVERGREEN ROOM**

**1:00pm: DOMINOS: EVERGREEN ROOM**

**2:00pm: MUSIC ENTERTAINMENT: EVERGREEN ROOM**

*Music by Frank Adams*

**3:30pm: BINGO: EVERGREEN ROOM**



**6:00pm: DINNER WILL BE SERVED IN THE MAIN DINING ROOM**

## THURSDAY: March 23<sup>rd</sup> ,2023

### 9:00am: EXERCISE CLASS 1 TO THE TAPE: EVERGREEN ROOM

Start your morning with a great low impact exercise program. This class will use the tape recorder.

### 10:00am:ACTIVITY MEETING WITH STEPHANIE:EVERGREEN ROOM

### 11:00am:INDEPENDENT ROSARY: GROVE CHAPEL

### 11:15am: TRIVIA: EVERGREEN ROOM

### 1:00pm: BUS TRIP- DOLLAR STORE & WALMART:GLEN LOBBY

Limited seats, please sign up in the glen lobby if interested.



### 3:30pm: UNO GAME CARD: EVERGREEN ROOM

### 6:00pm: DINNER WILL BE SERVED IN THE MAIN DINING ROOM

## FRIDAY: March 24<sup>th</sup>, 2023

**9:00am: EXERCISE CLASS 1 TO THE TAPE: EVERGREEN ROOM**

Start your morning with a great low impact exercise program. This class will use the tape recorder.

**10:00am: WHEEL OF FORTUNE: EVERGREEN ROOM**

**11:00am: CHAIR YOGA: EVERGREEN ROOM**

**1:00pm: IRELAND 1798 HISTORY WITH PEGGY T. : EVERGREEN ROOM**

**2:15pm: BINGO: EVERGREEN ROOM**

**3:30pm: EASTER PAINTING WITH STEPHANIE: EVERGREEN ROOM**



**6:00pm: DINNER WILL BE SERVED IN THE MAIN DINING ROOM**

SATURDAY: March 25<sup>th</sup> ,2023



9:00am: EXERCISE CLASS 1 TO THE TAPE: EVERGREEN ROOM

- Start your morning with a great low impact exercise program. This class will use the tape recorder.

1:00pm: BINGO: EVERGREEN ROOM

- \$1 to play. One card per person. Last game is coverall.

*Independent games in the library or watch a netflix movie*

*Reception could help you put on a movie of your choice.*

**INDEPENDENT**



6:00pm: DINNER WILL BE SERVED IN THE MAIN DINING ROOM



# Grove Manor Estates Weekly Dinner Menu



*Week of 08-19-2023*

~ Sunday ~

*Baked Chicken Cordon Bleu stuffed with Ham and Cheese*  
♥ *New York Strip Loin of Beef with a Brown Gravy*

~ Monday ~

♥ *Shrimp Sautéed in a Garlic and Herb Scampi Sauce*  
*Lasagna Layered with Ricotta Cheese & Marinara Meat Sauce*

~ Tuesday ~

♥ *Kielbasa served over a Bed of Sauerkraut*  
*Airline Chicken with an Orange Marmalade Glaze*

~ Wednesday ~

*Sliced Italian Sausages with Fire Roasted Peppers and Onion*  
♥ *Lobster Raviolis Topped with a Lobster Bisque*

~ Thursday ~

♥ *Turkey Dinner over Seasoned Herb Stuffing & All the Fixings*  
*French Bread Style Four Cheese Individual Pizza*

~ Friday ~

♥ *Potato and Chive Crusted Cod served with Lemon Wedges and Tartar Sauce*  
*Teryaki & Pineapple Style Meatballs over Egg Noodles*

~ Saturday ~

*Baked Cheese Filled Tortellini Casserole in a Creamy Parmesan Alfredo Sauce*  
♥ *Sauteed Chicken served with a Roasted Vegetable Primavera*  
♥ *Mix Green Salad with Garden Vegetables and Seafood Flakes*