

Grove Manor Estates Weekly Activities Calendar

Sunday September 18th thru September 24th 2022

Sunday

9/18/2022

8:00am BREAKFAST

will be served in the Main Dining Room



9:30am TRANSPORT TO MASS AT ST. CLARE'S CHURCH

Please sign up at front desk

10:00am CATHOLIC MASS ON THE TV

Broadcasted on the Boston Catholic Channel 56

10:30am EXERCISE WITH SUE THOMAS

~Grove Lobby

11:45am SUNDAY DINNER

will be served in the Main Dining Room

1:00pm Independent Games~ Thayer Room

2:30pm MUSICAL ENTERTAINMEN Steve King

~Grove Lobby

4:00pm LIGHT SUPPER

will be served in the Main Dining Room

Monday

September 19th, 2022



8:00am

BREAKFAST

will be served in the Main Dining Room

9:30am

CHAIR EXERCISE ~Thayer Room

10:15am

Sing Along with Eniko and Dan *Grove Lobby*

Everyone is welcome



11:45am

LUNCH IS SERVED!

will be served in the Main Dining Room

1:15pm

Scattergories *Thayer Room*

2:30pm

Dominoes *Thayer Living Room*

4:30pm

DINNER IS SERVED!!

will be served in the Main Dining Room

Tuesday

September 20th, 2022

- 8:00am BREAKFAST**
will be served in the Main Dining Room
- 9:40am HEALTH N' WELLNESS WITH JILL~ *Thayer Room***
Join physical therapist, Jill for a fitness program
Always a beneficial & informative way to begin your day
- 10:15am Walking Group - *Meet on the 2nd Floor***
Take a leisurely stroll & keep track of how far you are walking
- 10:45am Current Events Group**
2nd Floor Living Room
All are welcome! Bring some topics to discuss!
- 11:45am LUNCH IS SERVED!**
will be served in the Main Dining Room
- 1:15pm BINGO ~ *Thayer Room (Don't Forget Your Dollar)***
- 2:30pm Wheel Of Fortune ~*Thayer Room***
Everyone is welcome
- 4:30pm DINNER IS SERVED!!**
will be served in the Main Dining Room

Wednesday

September 21st, 2022



- 8:00am BREAKFAST**
will be served in the Main Dining Room
- 9:30am CHAIR EXERCISE**
Everyone is welcome to join!
Start your morning with some low-impact exercise.
- 10:15am TWENTY QUESTIONS**
Thayer Room -
The Game of People, Places, and Things
- 11:45am LUNCH IS SERVED!**
will be served in the Main Dining Room
- 2:00pm Catholic Mass**
Grove Wellness Center
Celebrate Mass With Father Valhen
- 3:15pm Happy Hour with Lindsay**
In The Grove Tavern Don't Miss Out
- 4:30pm DINNER IS SERVED!!**
will be served in the Main Dining Room

Thursday

September 22nd, 2022

- 8:00am BREAKFAST**
will be served in the Main Dining Room
- 9:30am CHAIR EXERCISE**
Thayer Room -
Everyone is welcome to join!
- 10:15am Pictionary ~ Grove Living Room**
- 11:00am ROSARY: GROVE CHAPEL**
Come join Judy as she leads the group in Rosary
- 11:45am LUNCH IS SERVED!**
will be served in the Main Dining Room
- 1:15pm BINGO**
~Thayer Room
Don't Forget Your Dollar
- 2:30pm Musical Entertainment with Frank Adams**
~Grove Lobby
- 4:30pm DINNER IS SERVED!!**
will be served in the Main Dining Room
- 5:30pm POKENO**
Thayer Room
Join the Raymonfs for some fun



FRIDAY

September 23rd, 2022

8:00am BREAKFAST

will be served in the Main Dining Room



9:30am CHAIR EXERCISE

Everyone is welcome to join!

Start your morning with some low-impact exercise.

10:00am CHABOOM with Mary

Theatre Room

Exercise To Music and Have Fun Doing It

11:45am LUNCH IS SERVED!

will be served in the Main Dining Room

1:00pm WORD IN A WORD with Juie

~Grove Living Room

2:30pm Musical Entertainment with Ziggy Moller

~Grove Lobby

3:30pm Drink To Be Served Following The Entertainment

4:30pm DINNER IS SERVED!!

will be served in the Main Dining Room

Saturday

September 24th, 2022



8:00am BREAKFAST
will be served in the Main Dining Room

10:00am Independent Games
~Thayer Room

11:45am LUNCH IS SERVED!
will be served in the Main Dining Room

1:00pm BINGO
Thayer Room
DON'T Forget your dollar

2:30pm AFTERNOON MATINEE-
Grove Theatre
Come by let Laurie know which movie youd like to see

4:30pm DINNER IS SERVED!!
will be served in the Main Dining Room



Grove Manor Estates

Weekly Dinner Menu



Week of 09-18-2022

~ Sunday ~

- ♥ *New York Strip Loin of Beef Sliced to the order with a Natural Pan Reduction
Bone In Honey Coated Chicken Sections served with Buttermilk Biscuits*

~ Monday ~

- ♥ *Maryland Lump Crab Cakes topped with a Lemon and Tarragon Bearnaise Sauce
Chef Chosen Pasta served with a Italian Sausage and Beef Meat Sauce*

~ Tuesday ~

- ♥ *Oven Roasted Turkey Dinner served over Savory Sage Stuffing with Pan Gravy
Cherrywood Smoked Ham with a Maple, Brown Sugar and Pineapple Sauce*

~ Wednesday ~

- ♥ *Black Tiger Shrimp Sautéed in a Parmesan, Garlic and Basil Pesto Cream Sauce
Pan Seared Chicken Breast with a Sauteed Mushroom Marsala Wine Reduction*

~ Thursday ~

- ♥ *Caesar Salad with Parmesan Cheese and Croutons topped with Shrimp Cocktail
Three Cheese Creamy Macaroni with Diced Ham and a Panko & Parmesan Topping
Griddle Grilled Salisbury Steak Patties Topped with a Rich Brown Gravy*

~ Friday ~

- ♥ *Garlic and Herb Seasoned Filet of Schrod served with Tartar Sauce and Lemon Wedges
Sliced Smoked Kielbasa Sausages served with Sauerkraut and Dijon Mustard*

~ Saturday ~

- ♥ *Slow Braised Beef Tips in a Sour Cream Stroganoff Style Gravy over Egg Noodles
Twin Hot Dogs served over Boston Baked Beans with Shredded Cole Slaw*