

GLEN ACTIVITIES CALENDAR

Week Of January 15th – January 21st

ACTIVITIES



SUNDAY : January 15th, 2023



9:50am: TRANSPORT TO MASS AT ST. CLARE PARISH

Must sign up, sign up sheet is in the Glen lobby .

1:30pm: DINNER WILL BE DELIVERED TO YOUR ROOM

2:30pm: MUSIC ENTERTAINMENT: GROVE LOBBY

Music Entertainment by Richie Berns

MONDAY: January 16th, 2023

9:00am: EXERCISE CLASS 1 TO THE TAPE: EVERGREEN ROOM

- Start your morning with a great low impact exercise program.

This class will use the tape recorder.

10:00am: COFFEE & MUNCHKINS: EVERGREEN ROOM

Come enjoy a cup of coffee along with some munchkins! As well as learning about its creation.



11:00am: BALANCE & STRENGTH PROGRAM WITH JILL: EVERGREEN ROOM

11:30am: WALKING GROUP WITH JILL: MEET IN THE 2nd floor lobby

1:30pm: BINGO: EVERGREEN ROOM

3:00pm: LEFT RIGHT CENTER GAME: EVERGREEN ROOM

6:00pm: DINNER WILL BE SERVED IN THE MAIN DINING ROOM

TUESDAY: January 17th, 2023

9:00am: EXERCISE CLASS 1 TO THE TAPE: EVERGREEN ROOM

10:30am:WORD SCRAMBLE: EVERGREEN ROOM

1:30pm: BINGO: EVERGREEN ROOM

3:00pm: NAME 5 GAME : EVERGREEN ROOM

4:30pm HAPPY HOUR: TAVERN

Music entertainment by Dan Hart



6:00pm: DINNER WILL BE SERVED IN THE MAIN DINING ROOM

WEDNESDAY: January 18th, 2023



9:00am: EXERCISE CLASS 1 TO THE TAPE: EVERGREEN ROOM

- Start your morning with a great low impact exercise program. This class will use the tape recorder.

10:00am: BUS TRIP TO STOP & SHOP: GLEN LOBBY

Must sign up there are limited seats. Sign-up sheet is in the Glen Lobby

10:30am: GENTLE RANGE OF MOTION CHAIR EXERCISES: EVERGREEN ROOM

2:00pm: CATHOLIC MASS WITH FATHER VALEN: GROVE WELLNESS CENTER

3:30pm: UNO: EVERGREEN ROOM

6:00pm: DINNER WILL BE SERVED IN THE MAIN DINING ROOM

THURSDAY: January 19th ,2023

9:00am: EXERCISE CLASS 1 TO THE TAPE: EVERGREEN ROOM

- Start your morning with a great low impact exercise program. This class will use the tape recorder.

10:00am:FOOD COUNCIL :EVERGREEN ROOM

11:00am:INDEPENDENT ROSARY: GROVE CHAPEL

1:00pm: GETTING READY FOR VALENTINE DAY CRAFT: EVERGREEN ROOM

Painting a Gnome-6 spots available please sign up.



3:30pm: WHEEL OF FORTUNE : EVERGREEN ROOM

6:00pm: DINNER WILL BE SERVED IN THE MAIN DINING ROO

FRIDAY: January 20th ,2023

9:00am: EXERCISE CLASS 1 TO THE TAPE: EVERGREEN ROOM

- Start your morning with a great low impact exercise program. This class will use the tape recorder.

10:00am: JANUARY RESIDENT COUNCIL: EVERGREEN ROOM

1:00pm: MOVIE DAY & SNACKS : EVERGREEN ROOM

There are four options of movies to choose from, down below I made a chart giving a decription of each movie.

In the glen lobby there will be a sheet where you will choose which movie you would like to see.

Whichever movie has more votes , will be the movie of the day.

I will post the movie result on Thursday afternoon on the board in the glen lobby.

6:00pm: DINNER WILL BE SERVED IN THE MAIN DINING ROOM

SATURDAY: January 21st, 2023

9:00am: EXERCISE CLASS 1 TO THE TAPE: EVERGREEN ROOM

- Start your morning with a great low impact exercise program. This class will use the tape recorder.



11:00am: BINGO: EVERGREEN ROOM

- \$1 to play. One card per person. Last game is coverall.

6:00pm: DINNER WILL BE SERVED IN THE MAIN DINING ROOM

MOVIE DAY OPTIONS –

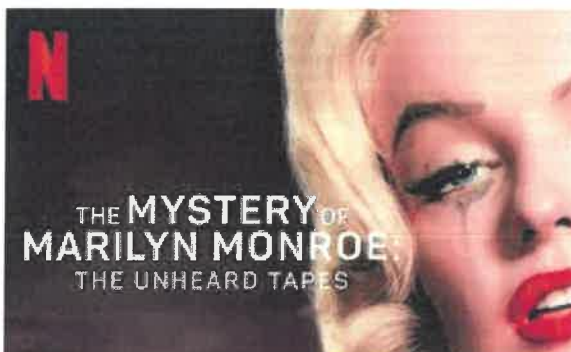
THE MOVIE THAT HAS MORE VOTES WILL BE THE MOVIE WE WILL WATCH.

Option 1- Grease



Description: Experience the friendships, romances and adventures of a group of high school kids in the 1950s. Welcome to the singing and dancing world of "Grease," the most successful movie musical of all time. A wholesome exchange student (Olivia Newton-John) and a leather-clad Danny (John Travolta) have a summer romance, but will it cross clique lines? (1hr,51mins)

Option 2- The Mystery of Marilyn Monroe



Description: The Unheard Tapes is a 2022 American documentary film directed by Emma Cooper for Netflix. It is centered on the life and untimely death of American actress and cultural icon Marilyn Monroe and is told through archival footage and unseen interviews with friends of the star. (1hr,41mins)

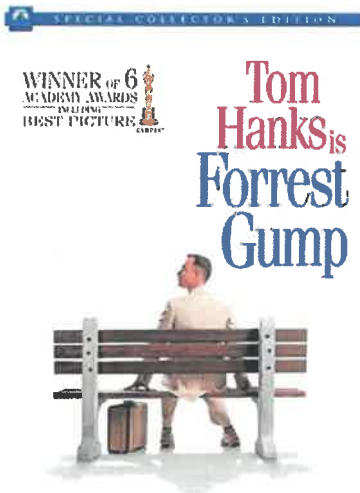
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Option 3- Matilda the Musical



Description: Matilda, a precocious 5-year-old girl with the gift of telekinesis, who loves reading, overcomes obstacles caused by her family and school, and helps her teacher to reclaim her life.
(1hr,56mins)

Option 4-Forest Gump



Description: A gentle friendly man navigates through the major events of the 1960s and 70s while inspiring others around him with his perpetual optimism.(2hrs,23mins)

Please choose which movie you would like to see at the glen lobby inside the sign-up book.

I will write on the board on Thursday afternoon which movie is selected.

Movie day will be Friday, January 21st ,2023

Grove Manor Resident **Contact Form**

This form will help keep you updated with everything Grove Manor. If you could please fill out some information so we can get in contact with you and keep you updated with everything that is Grove Manor.

NAME: _____

ROOM NUMBER: _____

CELL PHONE #: _____

HOME PHONE #: _____

EMAIL: _____

BEST WAY TO REACH YOU: _____

Thank you for your cooperation!



Grove Manor
ESTATES

PLEASE RETURN TO THE FRONT DESK



Grove Manor Estates

Weekly Dinner Menu



Week of 1/15/2023

~ Sunday ~

♥ *Tenderloin of Beef with Burgundy Sauce*
Boneless Chicken Breast Stuffed with Brie Cheese and Apple with Supreme Sauce

~ Monday ~

♥ *Pan Seared Chicken Thighs with Pan Gravy*
Roasted Tenderloin of Pork Marsala

~ Tuesday ~

Homemade Lasagna with Garlic Bread
♥ *Fried Shrimp Platter with Fries and Slaw*

~ Wednesday ~

Salisbury Steak with Whipped Potato
Baked Stuffed Chicken With Sauce Supreme ♥

~ Thursday ~

♥ *Shrimp Scampi over Pasta with Dinner Roll*
Veal Stew over a fresh Biscuit

~ Friday ~

♥ *Baked Filet of Cod with a Light Lemon Hollandaise Sauce*
Ricotta Cheese Stuffed Shells topped with a Garden Herb Marinara and Parmesan Cheese

~ Saturday ~

♥ *Pulled Pork a Sweet and Tangy BBQ Sauce with Potato Salad*
Angus Beef Cheeseburgers Smothered in Melted Swiss Cheese