

# Grove Manor Estates Weekly Activities Calendar

Sunday September 11th thru September 17th 2022

## Sunday

9/11/2022

R.I.P To those we lost on 9/11 Never Forget.

Happy Assisted Living Week and Grandparents Day

**8:00am BREAKFAST**

will be served in the Main Dining Room



**9:30am TRANSPORT TO MASS AT ST. CLARE'S CHURCH**

Please sign up at front desk

**10:00am CATHOLIC MASS ON THE TV**

Broadcasted on the Boston Catholic Channel 56

**11:45am SUNDAY DINNER**

will be served in the Main Dining Room

**1:00pm Patritots Game ~ Grove Theatre Room**

Stop By and Enjoy The First Game of the Patriots Season  
**A Delicious Patriots Desert Will Be Served**

**4:00pm LIGHT SUPPER**

will be served in the Main Dining Room

# Monday

September 12th, 2022



8:00am

## **BREAKFAST**

will be served in the Main Dining Room

9:30am

## **CHAIR EXERCISE ~Thayer Room**

10:15am

## **WHAT'S MY LINE**

*Thayer Room*

Everyone is welcome



11:45am

## **LUNCH IS SERVED!**

will be served in the Main Dining Room

1:15pm

## **Come By And Enjoy Creamy Milkshakes**

*Grove Lobby*

2:30pm

## **Come and Sing Along with Elvis!!!**

*Grove Lobby*

3:30pm

*Raffle Basket com see if you win the Basket*

4:00pm

## **DINNER IS SERVED!!**

will be served in the Main Dining Room

6:00pm

**AA Meeting Held in the Grove Wellness Center**

# Tuesday

## September 13th, 2022

- 8:00am BREAKFAST**  
will be served in the Main Dining Room
- 9:40am HEALTH N' WELLNESS WITH JILL~ *Thayer Room***  
Join physical therapist, Jill for a fitness program  
Always a beneficial & informative way to begin your day
- 10:15am Walking Group - *Meet on the 2nd Floor***  
Take a leisurely stroll & keep track of how far you are walking
- 10:45am Current Events Group**  
***2nd Floor Living Room***  
All are welcome! Bring some topics to discuss!
- 11:45am LUNCH IS SERVED!**  
will be served in the Main Dining Room
- 1:30pm SPECIALTY COFFEE ~Grove Lobby ICED OR HOT**
- 3:00pm SUPER BINGO ~ Grove Wellness Center**  
Don't Forget your dollar we will have two cover all winners!
- 4:00pm RAFFLE BASKET #2 Stick Around to see if you won**
- 4:30pm DINNER IS SERVED!!**  
will be served in the Main Dining Room

# Wednesday

September 14th, 2022


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- 8:00am BREAKFAST**  
will be served in the Main Dining Room
- 9:30am CHAIR EXERCISE**  
Everyone is welcome to join!  
Start your morning with some low-impact exercise.
- 10:15am TWENTY QUESTIONS**  
*Thayer Room -*  
The Game of People, Places, and Things
- 11:45am LUNCH IS SERVED!**  
will be served in the Main Dining Room
- 2:00pm Enjoy and Sing Along with Paul Cornella**  
*Grove Lobby*
- 3:00pm Enjoy a Apple Nacho Snack**  
*Grove Lobby*  
Stop by for a sweet snack
- 3:30pm Stop By To See If You Won The Basket Of The Day**  
will be served in the Main Dining Room
- 4:30pm DINNER IS SERVED!!**  
will be served in the Main Dining Room

# Thursday

September 15th, 2022

- 8:00am BREAKFAST**  
will be served in the Main Dining Room 
- 9:30am CHAIR EXERCISE**  
*Thayer Room -*  
Everyone is welcome to join!
- 10:15am Pictionary ~ Grove Living Room**
- 11:00am ROSARY: GROVE CHAPEL**  
Come join Judy as she leads the group in Rosary
- 11:45am LUNCH IS SERVED!**  
will be served in the Main Dining Room
- 2:30pm DANCE PARTY With Lindsay!!!**  
*~Grove Lobby*  
Wine and Beer will be provided  
Stop by Sing and Dance
- 4:00pm Raffle Basket #4 come stop by and see if you Won!**  
will be served in the Main Dining Room
- 4:30pm DINNER IS SERVED!!**  
will be served in the Main Dining Room

# FRIDAY

September 16th, 2022

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- 8:00am**    **BREAKFAST**  
will be served in the Main Dining Room
- 9:30am**    **CHAIR EXERCISE**  
Everyone is welcome to join!  
Start your morning with some low-impact exercise.
- 11:45am**    **Word in a Word with Julie ~ *Grove Living Room***  
will be served in the Main Dining Room
- 11:45am**    **LUNCH IS SERVED!**  
will be served in the Main Dining Room
- 1:00pm**    **Popcorn Bar !!! All your Favorite Flavors**  
**~ *Grove Lobby***
- 2:00pm**    **FARM BABIES ~ *Grove Wellness Center***  
***Stop By and Meet The Farm Animals***
- 3:15pm**    **Raffle Basket #5 Come by and See if you won**
- 4:30pm**    **DINNER IS SERVED!!**  
will be served in the Main Dining Room



# Saturday

September 17th, 2022



**8:00am BREAKFAST**  
will be served in the Main Dining Room

**10:15am BINGO**  
*Thayer Room*  
DON'T Forget your dollar

**11:45am LUNCH IS SERVED!**  
will be served in the Main Dining Room

**1:00pm Independent Games**  
*~Thayer Room*

**2:30pm AFTERNOON MATINEE-**  
*Grove Theatre*  
*Come by let Laurie know which movie youd like to see*

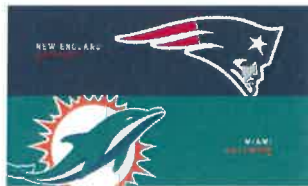
**4:30pm DINNER IS SERVED!!**  
will be served in the Main Dining Room

**NATIONAL ASSISTED LIVING WEEK  
SEPTEMBER 11-17, 2022**



**Sunday 9/11: Patriots Opening Game: Grove Theater Room**

1:00pm-Stop by and enjoy the game along with delicious Patriots dessert.



**Monday 9/12: Retro Milkshakes followed by Music Entertainment: Grove Lobby**

1:00pm-Come by and enjoy a nice refreshing milkshake

2:30pm- Everyone is welcomed to come sing a long to the musical performance by Mike Slater.

3:30pm- RAFFLE BASKET # 1- Stick around to see if you win the basket of the day!



**Tuesday 9/13: Crazy Hair Day/ Hat Day & Flavored Ice / Hot Coffee & SUPER BINGO**

1:30pm: Flavored Ice & Hot Coffee -Grove Lobby

Come by and grab a coffee of your choice!

3:00-4:00pm: Super Bingo-Grove Wellness Center

Bring \$1 to play, we will have two cover all winners!

4:00pm: RAFFLE BASKET #2 – Stick around to see if you win the basket of the day!





**Wednesday 9/14: Apple Nacho Bar followed by Music Entertainment: Grove Lobby**

2:00pm- Everyone is welcomed to come sing a long to the musical performance by Paul Cornella.

3:00pm- Apple Nacho Bar- Stop by and enjoy the refreshing apple treat!

3:30pm- RAFFLE BASKET #3 – Stick around to see if you win the basket of the day!



**Thursday 9/15: Happy Hour with Lindsay Billota : Grove Lobby**

*~ We are going to have a dance off party !!*

*2:30pm-4:00pm*

- Wine & Beer will be provided
- Snacks will be provided
- Stop by to sing & dance and have a great time together! 😊

4:00pm: RAFFLE BASKET #4- Stick around to see if you win the basket of the day!



**Friday 9/16: Farm Babies followed by Popcorn Bar**

1:00pm: Popcorn Bar- Grove Lobby

2:00pm: Farm babies- Grove Wellness Center

Everyone is welcomed to stop by and meet all the barn baby animals !

3:15pm: RAFFLE BASKET #5 -Stick around to see if you win the last basket of the week!





# Grove Manor Estates

## Weekly Dinner Menu



*Week of 09-11-2022*

*~ Sunday ~*

♥ *Slow Braised Pot Roast of Beef Slowly Simmered with a Natural Pan Gravy*  
*Italian Seasoned Chicken Cutlet Parmesan topped with Marinara Sauce & Mozzarella Cheese*

*~ Monday ~*

♥ *Black Tiger Shrimp Casserole topped served with Lemon Wedges and Tartar Sauce*  
*Roast Pork Loin Dinner over an Apple and Cranberry Sage Stuffing with Pan Gravy*

*~ Tuesday ~*

♥ *Marinated and Broiled Hand Cut Turkey Tips served with a Roasted Vegetable Primavera*  
*Chef Chosen Pasta topped with a Garden Herb Marinara Meat Sauce*

*~ Wednesday ~*

*Tempura Battered Chicken Breast in a Zesty Orange Sauce over Steamed Rice*  
*Individual Shepherd's Pie of Seasoned Beef, Kernel Corn and Topped with Mashed Potato*

♥ *Caesar Salad of Crisp Romaine Lettuce, Croutons and Seasoned Whole Shrimp*

*~ Thursday ~*

*Traditional Beef Stew simmered with Root Vegetables and Potatoes served with French Bread*

♥ *Baked Three Cheese Tortellini Casserole in a Light Parmesan Cream Sauce*

*~ Friday ~*

♥ *Filet of Haddock seasoned with Fresh Lemon and Herbs topped with a Buttery Ritz Crumb*  
*Sliced Italian Sausages with Fire Roasted Peppers and Onions*

*~ Saturday ~*

*Hot Pastrami Sandwich topped with Melted Swiss Served on a Soft Bulky Roll*

♥ *Oven Roasted Barbeque Seasoned Bone-In Chicken Quarters*