

GLEN ACTIVITIES CALENDAR

Week Of March 12th – March 18th

ACTIVITIES



SUNDAY : March 12th , 2023

*Daylight Saving
Time*

*Remember to set your
clocks ahead one hour*



9:50am: TRANSPORT TO MASS AT ST. CLARE PARISH

Must sign up, sign up sheet is in the Glen lobby .

11:00am:INDEPENDENT GAMES IN THE LIBRARY

Play your favorite card games or play scrabble with some friends!

11:30am: EXERCISES WITH SUE THOMAS: EVERGREEN ROOM

1:30pm: DINNER WILL BE IN THE MAIN DINING ROOM

MONDAY: March 13th ,2023

9:00am: BALANCE & STRENGTH PROGRAM WITH JILL: EVERGREEN ROOM

-Please note this class will go back to its normal time next week.

10:00am: EXERCISE CLASS 1 TO THE TAPE: EVERGREEN ROOM

- Start your morning with a great low impact exercise program.

This class will use the tape recorder.

10:45am: WHEEL OF FORTUNE: EVERGREEN ROOM

1:00pm: BINGO: EVERGREEN ROOM

2:15pm: UNO GAME CARD: EVERGREEN ROOM

3:30pm: LEFT, RIGHT, CENTER GAME: EVERGREEN ROOM

This game is three dollars.

One dollar per game, we will play three games.

6:00pm: DINNER WILL BE SERVED IN THE MAIN DINING ROOM

TUESDAY: March 14th, 2023

😊 Happy Birthday Paul T. 😊

9:00am: EXERCISE CLASS 1 TO THE TAPE: EVERGREEN ROOM

10:30am:WORD SCRAMBLE : EVERGREEN ROOM

1:30pm: BINGO: EVERGREEN ROOM

3:00pm: HORSE RACING GAME: EVERGREEN ROOM

50 Cents for each game.

4:30pm:HAPPY HOUR & MUSIC ENTERTAINMENT: TAVERN

Music entertainment by Steve Rudolph

6:00pm: DINNER WILL BE SERVED IN THE MAIN DINING ROOM

WEDNESDAY: March 15th, 2023



9:00am: EXERCISE CLASS 1 TO THE TAPE: EVERGREEN ROOM

Start your morning with a great low impact exercise program. This class will use the tape recorder.

10:00am: BUS TRIP TO STOP & SHOP: GLEN LOBBY

Must sign up there are limited seats. Sign-up sheet is in the Glen Lobby

10:30am: CHAIR YOGA: EVERGREEN ROOM

1:00pm-1:30pm: Pictionary: EVERGREEN ROOM

2:00pm: CATHOLIC MASS WITH FATHER VALEN: GROVE WELLNESS CENTER

3:00pm: ICE CREAM SUNDAES: TAVERN



6:00pm: DINNER WILL BE SERVED IN THE MAIN DINING ROOM

THURSDAY: March 16th, 2023

9:00am: EXERCISE CLASS 1 TO THE TAPE: EVERGREEN ROOM

Start your morning with a great low impact exercise program. This class will use the tape recorder.

10:00am: CHAIR YOGA: EVERGREEN ROOM

10:30am: TRIVIA: EVERGREEN ROOM

11:00am: INDEPENDENT ROSARY: GROVE CHAPEL

1:00pm: BINGO: EVERGREEN ROOM

2:15pm: LEFT RIGHT CENTER: EVERGREEN ROOM

6:00pm: DINNER WILL BE SERVED IN THE MAIN DINING ROOM

FRIDAY: March 17th ,2023



9:00am: EXERCISE CLASS 1 TO THE TAPE: EVERGREEN ROOM

10:30am: IRISH BREAD: EVERGREEN ROOM

Stop by and have a piece of delicious Irish bread with some tea!



1:30pm: DINNER WILL BE SERVED IN THE MAIN DINING ROOM



3:45pm: IRISH STEP DANCERS: GROVE LOBBY



4:45pm: SHAMROCK SHAKES: GROVE LOBBY



6:00pm: LIVE IRISH MUSIC: GROVE LOBBY

SATURDAY: March 18th ,2023



9:00am: EXERCISE CLASS 1 TO THE TAPE: EVERGREEN ROOM

- Start your morning with a great low impact exercise program. This class will use the tape recorder.

11:00am: BINGO: EVERGREEN ROOM

- \$1 to play. One card per person. Last game is coverall.

Independent games in the library or watch a netflix movie

Reception could help you put on a movie of your choice.

INDEPENDENT



6:00pm: DINNER WILL BE SERVED IN THE MAIN DINING ROOM



Grove Manor Estates Weekly Dinner Menu



Week of 03-12-2023

~ Sunday ~

Baked Chicken Kiev with a Supreme Sauce
♥ *Swedish Meatballs over Egg Noodles*

~ Monday ~

Turkey Ala King in a Vegetable Cream Sauce
♥ *Shrimp Casserole topped with a Buttery Ritz Cracker*

~ Tuesday ~

♥ *Sauteed Chicken Tenders in a Mushroom Marsala Sauce*
Seasoned Pork Chops topped with a Rich Brown Gravy

~ Wednesday ~

Beef Stew with Potato and Root Vegetables over a Biscuit
♥ *Filet of Salmon with a Lemon & Herb Hollandaise Sauce*

~ Thursday ~

Roasted Sliced Ham with a Brown Sugar and Maple Glaze
♥ *Mixed Green Salad with Garden Vegetables and Tuna Flakes*
Triple Cheddar Cheese Baked Macaroni and Cheese

~ Friday ~

♥ *Traditional St. Patrick's Day Boiled Dinner*
Clam Strip Platter Served with French Fries, Cole Slaw, Lemon Wedges & Tartar Sauce

~ Saturday ~

Angus Beef Cheeseburgers served with Onion Rings
♥ *BBQ Boneless Chicken Thighs*